D. **Tallentire to Gilcrux (Direct)** From the road N of North Lodge, follow the signed entry over a plank footbridge into a shaded green lane which is usually wet and sludgy underfoot. Take care with children throughout. When the lane reaches a small beck, wade upstream if you are wearing wellies, or walk carefully along the narrow bank. The short lane beyond the beck is usually boggy up to a field gate. With the hedge on your left, walk up to a stile in the corner of a small sheepfold and cross over so that the hedge is now on your right. Continue over three fields and stiles, then look ahead diagonally left to the next stile in the corner under an oak tree. (It can be muddy here on both sides of the stile). Keep left and cross diagonally three more fields and stiles to reach a field bounded by Greengill Beck crossed by a substantial footbridge. This is the parish boundary, and the waymarked path continues over the bridge, diagonally right and across several more fields to Gilcrux. (About 1.7 km to the parish boundary; about 2.7 km total to Gilcrux)

E. Tallentire to Gilcrux (top) Road

Begin from a signed field entry a short distance along the N side of the Tallentire Hill road, behind The Chestnuts. Cross the meadow diagonally to a stile in the far right corner, into a green lane. Turn right along the lane, through a gate into a farm lane. Follow the lane to its end at a gate into a grass field. Cross the stile into a grass field on your left, and turn right, walking up the fields with a hedge on your right, over stiles to the Gilcrux top road. (About 1.4 km road to road)

F. *Tallentire Hill* A bridleway with fine views of Skiddaw, Helvellyn, the Whinlatter, Buttermere and Loweswater fells, the Isle of Man, the Galloway hills, Criffel, and the Solway Firth. Spectacular sunsets! From the T-junction 1 km NE of Tallentire, a cart track leads up the limestone hill to the parish boundary at a field gate, where two rights of way diverge towards Gilcrux and Plumbland. (About 1.2 km to the parish boundary)

G. Tallentire to Bridekirk Where the Hill road begins at the NE end of Tallentire, a gated path starts on the right, beyond the garden of the last house and goes over a footbridge into a grassy field. Keeping the back gardens on your right, walk towards a raised green track and turn left on it up the middle of the field to the gate. Continue uphill around the left side of the wooded quarry to a stile over a fence, then follow the quarry-edge fence up to the field gate. At this point Tallentire is down on your right, and the beeches of The Roans can be seen up on the left. Cross the field diagonally left to a double stile (connection here with route H), over that turn left, following the hedge to another double stile. Cross this and go up right to the corner of The Roans, where views of Lorton Vale and the Buttermere Fells appear. Walk downhill right to a ladder stile over the limestone wall (beside a solitary beech tree). Continue on the same line to the bottom corner of the lower field where a gate with a fingerpost leads into the road 0.5 km above Bridekirk Church. (About 1.7 km road to road)

H. **The Roans Direct** From Tallentire, Fernleigh Close on the E corner of the one-way, begin on the concrete farm road and then walk straight up the grass field. At the top of the rise a hedge comes in from the right; follow it to join route G at the double stile on your right. (About 0.8 km to The Roans)

J. **The Roans (permissive path)** Start at the stile (where a route map is displayed) near the SW corner of the one-way (opposite the side of Acre Farm). Go down the first field and cross the ditch in the dip on the right. Follow the hedge on your right for 100 m then turn left across the grass field up to a double stile into a gated farm track. Turn right. Through the next gate, go diagonally left up to and through sheep pens, then up to the highest ground by the beech trees where you join routes G and H for alternatives back to Tallentire or for a continuation to Bridekirk. (About 1 km to The Roans)

к. Tallentire to Dovenby Start at the road corner with Tallentire Hall gates on your right and walk down the (private) road past Home Farm to a waymarked stile into the grassland. Turn left and walk down the field making for the hedge on your left and go through the gate (by a solitary ash) into the next field. Continue down to the 2nd field gate which is approx. ³/₄ way down the field on your left and go through the gate. Cross the field diagonally right to a stile in the far corner. (There is a slight divergence here from the line indicated on the OS map). Cross and walk down to a ladder stile in the right corner of the next field and continue to the trees at the bottom left (often very muddy) where a stile leads into an area of ungrazed land (locally known as "the common"). Cross the small beck and walk beside a thick hedgerow on your left to a waymarked post directing you right to another ladder stile. Beyond is a short farm track leading past Dovenby Grange Farm to the Cockermouth-Maryport road beside the Ship Inn. (About 2 km)

L. Dovenby to Broughton

Beyond the

bridge over Dovenby Beck, go left through the yard of a private house (opposite Lanefoot Cottage) and over the meadow beyond to join a farm track. Cross the footbridge at the sewage works. Walk over rough grass to a partly broken board footbridge, then cross a stile on your left and follow the hedge on your right down to the line of the dismantled railway at the parish boundary. The right of way continues to Broughton. (About 1 km to the parish boundary, a further 1 km to Broughton)

M. **Bridekirk Church** From a fingerpost on the N side of the Dovenby-Bridekirk road, about 0.9 km E of the school, go up the field to a stepstile on your right, then diagonally left (wet ground in the dip), through a wicket gate into a field, and right into the churchyard, over stone steps in the wall. Cross left to a small wicket gate N of the church and down the field to a gate and fingerpost on the Tallentire road. (About 0.5 km)